



# "Brick-Beat"

Vol.9 No.3 April 2018

**Dear Parents,**

Greetings! As the curtains draw close to one more exciting academic year, we share with you glimpses of pre-school activities over January-April months in this newsletter.

In the month of January, our preschoolers conducted some exciting inquiry-based projects, which culminated beautifully at the school campus. The annual day held in March made us proud to see our children showcase such confidence and talents at a young age. Lots of exciting field trips, visits by resource people and celebrations continued to stimulate our young minds. Our Sr.KG children celebrated the end of their preschool journey with a memorable convocation day. Expert workshops for parents and teachers continued to bring newer insights into child development.



My workshop interactions with teachers centered around core values that we should adopt as professionals and educators, as well as the values which we can teach our children. At Redbricks, we have identified five core values which are integral to our culture: 1) *Mindfulness* 2) *Passion* 3) *Pursuit of Excellence* 4) *Compassion and Collaboration* 5) *Responsibility and Safety*.

Our discussion on '*Mindfulness*' this quarter generated a lot of reflection and calmness in all of us. It helped us realize how 'focusing on the present' and 'being mindful of our thoughts and actions' is so integral to our day-to-day life. Children also can be taught the skill of being mindful, through everyday opportunities. Research has shown how mindfulness practices have the potential to change the brain and bring magic into our lives.

In the primary to senior school, our children received various external awards for their excellence in varied areas – sports, reading, maths and science, etc. The enrichment clusters projects of Class 5 to Class 8 ended on a high note, with one group creating a 'Nature Encyclopedia' on Santej's flora and fauna and the other group creating tie-and-dye and weaved products. Reading challenge by British Council gave the children an opportunity to enhance their reading skills and increased their motivation to read. Celebrations such as grandparents day, national science day, world theatre day, holi and many more continued to excite children and gave them opportunities to enhance their multiple intelligences.

We have also announced the dates for our next batch (9<sup>th</sup>) of Redbricks Training Program in Early Childhood Care and Education, which is a 10-month part-time program highly beneficial for parents, teachers and aspiring teachers. Many participants in the 8th batch included our current parents, and their feedback is a testimonial to the impact this program has had on them and their families. I encourage parents to take the benefit of this opportunity.

Look forward to your continued partnership in the coming academic year.

Best wishes,

**Renita Handa**

Founder and Director-Academics  
Redbricks Education Foundation

# JUNIOR EXPERIENCES

## Classroom Insights

### EYP 1

During the theme on Sounds children explored different sounds in the environment- from school kitchen sounds to sounds of vehicles to making their own sound boxes. Art activity was planned where children made their own rattles and used it in different sessions like during the art session children did bottle bottom painting using the same rattles and said "Ane aam aam karva thi avaj ave che". These bottles were filled with different materials like used crayons, colourful pebbles and different grains like rajma, dal etc. Through this integrated approach children got the opportunity to discriminate different sounds produced by different materials.



Children's attraction to flowers led to taking up Flowers as a Project topic. As part of the sense table activity they explored different flowers like: Rose, Champa, Periwinkle, Lotus, Hibiscus, Sun flower, Mari gold. They learnt about the different colours, their smell-pleasant and some unpleasant. They also explored the things made from flowers Rose powder, Rose soap, Gulkand, flower perfume etc. and said "Ye soap hai isme se rose wali smell ati hai". On tasting Gulkand, they said "Aa sweet che, mane haji apo ne". During this project children even experienced floating of petals in water and came up with observations like "Ye pattiyan teir rahi hai", "Ye pattiyan attack gayi hai", "Ye pattiyan dub gayi hai".

To beat the scorching summer heat splash pool was planned for children where they wore their swimming costumes and jumped into the pool with water at normal temperature, balls and squeeze toys to have fun with. Children enjoyed playing in water with their peers, few of them were enacting to swim, few passing small plastic balls to their peers, few squeezing water out of the squeeze toys and the rest were trying to splash the water out of the pool. Splash pool activity was seen enhancing their socio- emotional, physical and cognitive development of the children.



### EYP 2

Science experiments are an incredibly effective means of getting preschool children interacting with the world around them, both inside and outside the classroom. During the theme Air practical examples of how air is used in our daily lives were demonstrated to the children by giving them some hands on experience of using hand made pinwheel and kite which needs air to move. Children were given pinwheel to hold and run in the garden and see it rotate due to air. The kite was flown in the sky and children held the thread to feel the movement of kite due to air in the sky. Children were amazed to see and understand how, with the help of air a pinwheel rotates and a kite flies. These experiments enhanced children's cognitive, language and physical development.



Meditation and Yoga can teach children relaxation techniques and how to reduce stress and also provide other health benefits. Keeping these benefits in mind Yoga and meditation session was planned for children of all four sections in the garden area. The session started with warm up exercise like stretching and basic body movements followed by breathing exercise and yogasanas like Kapalbhathi, Butterfly, Vrikshasana and many more. The session ended with Om chanting. Children enjoyed and participated enthusiastically in the session. Through these children got the opportunity to enhance their flexibility, strength, co-ordination and body awareness.

Music and movement together provides a lot many benefits to social, mental and physical development in the children and moreover incorporating music and movement helps young children with social interaction and language growth. An outdoor music and movement session with the students of all four sections was planned where they moved in a big single circle together in a systematic manner, reciting and doing actions on the rhymes like Aeroplane up in the sky, My Red balloon and Butterfly. This was an enjoyable activity with creative movements.



## Junior KG

During the Project on Utensils children explored and shared their knowledge about different kinds of utensils they use in their everyday life. Beyond the common utensils they also got an opportunity to observe and feel the texture and mould of earthenware, glass bowls, silverware, copper, brass and plates made out leaves. Children were exposed to different kinds of plates which further strengthened their learnings about the different materials used to make utensils. But the most amazing experience for them was eating food served in leaf plates.



One of the topics where a child can relate and share a lot of information is food. They were shown all different kinds of fruits and vegetables whereby they were encouraged to categorize them in terms of colour, size, raw and cooked in the classroom. For further exploration a mini vegetable shop was created in the school campus. They had a first hand experience of buying and selling of vegetables, concept of weighing using manual and electronic scale, use of currency and the appropriate vocabulary used during purchase.

Science concepts can be taught to children through experiments and this was evident during the theme of Water. To understand the process of evaporation, an experiment was conducted in the class. Some quantity of water was measured and then boiled using the induction gas. They saw the change of what happens when water is boiled and how it evaporates in the form of water vapour. They saw that after sometime all the water had evaporated and when again measured, the quantity of water had become less. This experiment helped them to understand the concept of water cycle which was later introduced in the class through representation of drawing. They also learned new scientific terms like evaporation, condensation and precipitation which they confidently used while explaining the water cycle.



To recap all the alphabets the respective classes got together to work and made their own alphabet booklets. For each alphabet the children came up with different words which the teacher wrote and they drew on the paper. This was a good way to not only revise the letters but also to be able to create their own classroom learning resource.

## Senior KG

Clothes theme is a fun theme that draws children into learning. It focuses on what they do everyday i.e. getting dressed up! It helped to develop many skills like colour recognition, classifying, counting and self-help skills. During this theme we did 'Tie and Dye activity' in the Art session that helped to grab children's imagination. Children tied the knot in the handkerchief and then they dipped it in the fabric colour. After this the handkerchief was left to keep it dry for a day. The next day the children got to see the effect of the activity. It was a simple process that produced a colourful unique end result. The activity of creating a product helped to give the children a sense of their potential and build their confidence besides enhancing their creativity.



In the theme of Vegetables children learned that many vegetables come in lots of different varieties that all look and taste different. In the Group Discussion session raw and boiled potatoes were brought in the class. Children got to explore the texture and smell of these potatoes. They also tried to peel the skin of each. Through this activity they discovered that the peel of the boiled potato can be removed easily. Even the concept of hard and soft was covered in this. This open ended activity allowed the children to learn about the senses of touch, sight and smell.

Nature must be at the heart of the school program and it must develop the foundation for environment literacy. Various experiments were conducted during the theme of Elements of Nature to understand the elements of nature i.e. land, water and air. There were some experiments carried out in the classroom and to demonstrate that air is required for burning, an experiment using a candle and a glass was carried out. Children were shown that in order to continue burning fire needs oxygen in the air. The children kept a record of time till it burned. Children discovered that eventually the candle's flame extinguishes once it uses up all the oxygen. This experiment gave the child a chance to see a concept in action.



# JUNIOR EXPERIENCES

## Field Trips- Learning Outside Classroom

### EYP 1

What better way to explore and have hands on experience of different types, textures and colours of flowers other than visiting a Plant Nursery. A Field trip to a Plant Nursery helped children to explore different kinds of flowers like Hibiscus, Rose, Sunflower, Daisy, Mogra Jasmine and many more. Children touched and felt the texture of the flowers and few were even able to identify them. They also interacted with a gardener who briefed them about care of flowers.



Children are generally fascinated by animal world and a trip to Sundervan Nature Park gave them an opportunity to observe certain animals within close proximity. Children saw animals like rabbit, crocodile, snake, tortoise, porcupine, monkey and fishes. They also saw birds like peacock, turkey, swan, duck, parrot and pigeon. Children were introduced to the caretaker who shared her knowledge of taking care of the animals and birds.

### EYP 2

Book store (CROSSWORD) - Reading is important for young children. To encourage children to read, see different genres and kind of books they were taken to CROSSWORD a book shop during the story theme. Children saw the stacking of books according to their genres and were allowed to take the book of their choice to read them. They also saw the process of purchase and packing of books.



### Junior KG

During the project on Utensils students visited Annakut restaurant. Our aim for this field trip was to give them exposure to the different types of utensils used in restaurant cooking. We got an opportunity to see the cooking process in the restaurant. They saw the big pots, pans, griddles in the restaurant and could compare the difference in size of the school kitchen utensils and the restaurant utensils. The children got to see the table arrangement of the restaurant and also the utensils used for serving food.



During the theme of Food the students visited Star Bazaar supermarket to see the packed and unpacked food. They saw the packed foods like biscuits, dry fruits, oil, ghee, butter and their attention was drawn to the manufacturing date, expiry date and price printed on the packet. The children came back equipped with the knowledge of what is printed on the packed food products and what should be checked before buying.

### Senior KG

As part of our project Clothes, children of Sr.kg were taken on a field trip to Blue Bubbles Dry Cleaners. Children saw the huge machines, raw materials used for dry cleaning, ironing process and lastly the packing process. It was a pleasant experience for the children as they understood the difference between the cleaning process at home and at the shop.



During the Project Clothes, children were taken for a visit to Om Ethnic boutique. Visiting the store was an entirely different level of excitement for them. It provided support in children's learning of the process of designing the clothes. Children saw an extensive range of fabrics. They got the opportunity to see the use of sewing machine used for doing embroidery work. They did activities like representational drawing, etching and measuring. It was a valuable experience for them.

# Visits by Resource People

## EYP 1

To extend and enhance the learning, interaction with experts is useful. As part of the Animals theme children talked about pet animals and later parents of **Hrihaan Sheth** and **Mahiman Patel** who have dogs and **Shiven Mittal** who has fishes at home as pets were invited to share their experiences with pets. Mrs. Sheth and Mrs. Patel shared how they are groomed, fed and taken care of at home. Children were very excited to see the dogs and fishes and were able to identify few parts of their bodies. They had many questions which were well answered by the caretakers. Such opportunities go a long way in developing children's social skills.



## EYP 2

Parents of **Aashvi Nair- Mrs. Supriya Nair, Aryan Dey- Mrs. Diya Dey, Sahen Das Gupta- Mrs. Soma Das Gupta and Hridhaan Zaveri- Mrs. Abhi Zaveri** took initiative to demonstrate few experiments related to the Air theme. They together planned for some fun experiments like balloon rocket, wind socks, areoplane balloon/ boat which moves due to air and balloons scale experiment to show air has weight.



Children very excited to see the experiments, asked questions and understood the concept demonstrated. These experiments developed children's thinking and reasoning abilities and through interaction with the parents could see their enhancing interpersonal skills.

## Junior KG

We had the pleasure of inviting **Ms. Amrita Dodhiwala (mother of Rishva Dodhiwala)** a consulting nutritionist for our theme on Food. She talked about the different sources of carbohydrates, vitamins, calcium and iron. She also explained the importance of dairy and dry fruits in our daily diet. She talked about food and its nutrients showing their sources through flash cards.



While talking about Water we invited **Mrs. Deval Sancheti (mother of Sanvi Sancheti)** who is a scientist. She talked about the different sources of water and she focused on the conservation of water through a beautiful story which was very effective.

## Senior KG

**Ms. Parita Shah** a designer by profession came to visit Sr.kg children during project Clothes. She explained about the different kinds of fabrics and designs on them. She demonstrated stencil print, tie and dye and block printing. She also showed the portable hand sewing machine. It was an engaging session and enriched the children's understanding about clothes.



**Mrs. Kiran Sonavane** took an initiative and dressed up as vegetable vendor during the Vegetables theme. A vegetable shop was set up in the outdoor area. Real vegetables were kept in different baskets according to their categories. She showed how vegetables are weighed using both the mechanical scale and digital weighing machine. Children did shopping of vegetables using the fake currency to get the experience of real life where we also focused on using paper bags instead of plastic bags.

# JUNIOR EXPERIENCES

## Celebrations

### Uttarayan

Uttarayan is one of the festivals where the sky becomes colourful and the atmosphere is very pleasant. Our students enjoyed flying kites with the teachers and we also discussed the safety measures to be taken while doing that.



### Republic Day

We celebrated the republic day in our school by decorating the school campus with tri colour balloons and the children came dressed up in coloured clothes. Kindergarten children gathered together for the assembly and were oriented about the importance and significance of the three colours of the flag and also that the Indian constitution came into existence on this day.

### Mother Language Day

Linguistic diversity is gradually decreasing due to globalization and hence we celebrated mother language day to create an awareness of our mother tongue. All the teachers and children were dressed up in their traditional outfits and the children shared about the culture, food, festival in their mother tongue.



### National Science Day

We celebrated National science day with our preschoolers to give them exposure to the world of science through various experiments. Different stations were set up where each child got a chance to do simple science experiments with lot of fun. This experiments helped to satisfy the curiosity of children.

### Holi

Festival of colours was celebrated with organic colours and flowers. All the children were very excited to play Holi with their peers and teachers. They danced on the beats of music and went home all messy and happy.



### World Book Day

Our love for books was seen when the whole school came together and read a book at the same time. Younger children talked about their favourite characters, while Kindergarten read and drew their favourite characters. It was an overwhelming experience when so many children at the same time were engrossed in reading their favourite book.

### Foundation Day

Redbricks completed its 9th year of existence and celebrated with great enthusiasm by using children's talent to decorate the school. Teachers and children got together and painted tyres, tiles and trees.



## Achievers Day

This time Achiever's day was clubbed with World Forestry day. We briefed them regarding the importance of forest, deforestation and effects of it on nature. Mrs. Kiran Sonavane who has great experience working in the Gir forest, talked about the great event called 'Chipko Movement' through a video. She also talked about how to take care of forest.

## Mothers Day

Mother is the best creation of God and our children wanted to show their true and pure love to their mothers. Children created a masterpiece by using their artistic skills and added a touch of affection into it and the final product received by mothers was their best gift ever.

## Earth Day

Mother Earth will be happy if we keep her clean. The whole country is following Swatch Bharat Abhiyan and our future generation actively participated in it in our school campus. Concept of biodegradable waste was introduced to them through different bins placed in the campus. Children helped in cleaning and putting the waste in the bins.



## Convocation Day

Our little preschoolers have grown up and Sr.kg children will be graduating to Class1. A convocation ceremony was planned where the parents were invited. The children presented a beautiful song, along with the glimpses of their journey in Sr.Kg Our first graders welcomed them to their world with a song. It was an emotional moment for everybody, but for sure 'They are ready to go'.

## Year End Celebration

EYP- Bidding farewell to the academic year 17-18, year end celebration weeks were planned with a recapitulation of rhymes, stories and fun activities done during the year. Along with it few new fun filled art activities, pool party, potluck party were also conducted. Children enjoyed the year end celebration with great zeal and enthusiasm.

Kindergarten- Always heard the proverb Time flies but we experience it when we are in Redbricks. To celebrate the end of the academic year different activities like splash pool, dabba party, art activities were planned. The aim was to make cherishable memories and have some fun while wrapping up the session.



# Workshops at Redbricks Pre-school

## Parent workshops

**Mrs. Anjali Hardikar** conducted a workshop on Mindful parenting for kindergarten parents. She focused on developing self help skills, routine and consistency which helps in building a child's self esteem for his overall development.

**Mrs. Anuja Amin** conducted a workshop on building Circles of Safety. She oriented parents about how to keep children safe from abuse and how to make them aware about their safety. One thing she advised parents is to always create a safety circle around the child which must include two people other than parents with whom the child is comfortable to confide and confess anything .

**Mrs. Sharmishtha Chakraborty** conducted a workshop on Parenting in the 21<sup>st</sup> century for kindergarten parents. She talked about different parenting styles and its effect on children.

## Teachers workshops

**Mrs. Renita Handa** conducted a workshop on Mindfulness, this being the part of the series of Core Value training for the entire team.

# JUNIOR EXPERIENCES

## Annual Day - Nadiyaan - A tribute to our mystical rivers

This year we celebrated the annual day on 10th March, 2018 amidst great zest, vibrancy and elation. The theme of the annual day was- "Nadiyaan- A tribute to our mystical rivers". The theme demonstrated how life at Redbricks signifies an endless journey of learning, freedom within boundaries, calmness, reflection, dynamism and collaboration and much more.

The programme commenced with the lighting of the Ceremonial lamp by the Hon'ble Chief Guest Mrs. Janki Vasant- The founder of Samvedana Trust, Mr. Sushil Handa- the guest of honour, our mentor- Mrs. Beena Handa, our founder Mrs. Renita Handa and our Principals. This was followed different performances (dance and drama) aligned with the theme. The celebration of Annual Day is crucial as it provides a platform for the students to showcase their talents and celebrates the spirit of the school community.



## Redbricks - #1 Pre-School in Ahmedabad !

The Education World felicitated and celebrated India's top Pre-Schools at an award ceremony held at Bangalore recently.

Redbricks Pre-school Principal **Mrs. Sharmistha Chakraborty** received the award for Redbricks Junior being ranked #1 in the Proprietary Preschools Category.

Redbricks has also received top ratings on the parameters of teacher competence, infrastructure, individual attention to students, innovative teaching and parental involvement.



# REDBRICKS EDUCATION HIGHLIGHTS

## Reading Challenge

We introduced the reading challenge, an extensive reading promotion programme for children conceptualised by the Reading Agency in collaboration with the Arts Council England, British Council and the BBC and now runs in libraries and schools all over the world. During this students had to read at least 6 books from a range of books shared by the Council within the span of 6 weeks. 40 students from Class 1 to Class 8 participated in the programme. Students, who completed the Reading Challenge successfully, were also awarded with participation certificates and medals endorsed by the British Council.



## Grandparents Day



We celebrated 'Grandparents Day' on 21st March 2018 at Santej campus. On the occasion, children in their own special way, thanked the grandparents for their love and support. The performances included dances and drama by Class 1 to Class 4, song performance by Class 2 and the puppet show based on the story of "stone soup" etc. It was followed by the grandparents sharing their feelings, where they shared how happy they were upon seeing the core values being inculcated in their grandchildren.

## National Science Day

We celebrated National Science Day on 03rd March, 2018 to encourage scientific thinking and promote better understanding of concepts of pure sciences among the students of the school. The students showcased many innovative ideas based on science and participated in an Inter House competition and exhibited innovative models/ experiments.



## Holi Celebrations

We celebrated holi on 1st March 2018 where the celebration started with the burning the holika (bonfire) prepared specially for the occasion. The students went around the holika and got prasad. They also performed a drama in the assembly prior to the holi day which symbolised the victory of good over evil.



## World Theatre Day

We celebrated the World Theatre Day on 31st March, 2018 during which the students of Class 1 and Class 2 were given some topics to enact and speak in gibberish language, Class 3 and Class 4 were given some characters to enact and Class 5 onwards had to perform a short drama on the themes like Cinderella, Little Red Riding Hood, Pocohantas etc by giving a humorous twist to it.

## Professional Development Workshop

A one day workshop on "Creating a Culture of Thinking" was conducted by Ms Minakshi Balkrishna. This interactive workshop was designed for teachers with the objective to use thinking routines to support students learning, to foster thinking dispositions, and to make thinking visible.

## Annual Day - Nadiyaan - A tribute to our mystical rivers

Redbricks Annual Day for Class 1 to Class 10 was celebrated on 3rd February 2018.



The programme commenced with the lighting of the Ceremonial lamp by the Hon'ble Chief Guest Dr. Sunil Shukla, Director- Entrepreneurship Development Institute (EDI), the founders Mr. Aditya Handa and Mrs. Renita Handa and the Principals. This was followed by captivating dance and drama performances by the children.



# REDBRICKS EDUCATION HIGHLIGHTS

## Educators Excel in National Teaching Professionals' Olympiad

It gives us immense pleasure to share that six of our teachers have brought great pride to the school with their outstanding performance at the CENTA TPO 2017.



### Teacher Rankings @ CENTA TPO 2017

Name of Teacher	National	Regional	City
Pallavi Ganju	53	5	-
Pearl Lobo	195	9	9
Mridul Gambhir	309	12	-
Babusha Yagnik	411	16	-
Lavanya Bhatt	-	35	-
Hiren Parikh	-	38	5

## Redbricks Training Program in ECCE - New Batch in July 2018

The 9<sup>th</sup> Batch of the Redbricks Training Program in Early Childhood Care and Education will commence on 9th July 2018. The 10-month intensive program is designed for current and aspiring Early Years educationists, as well as Young Mothers wishing to gain experience and insights on nurturing their children in the Early Years (Birth to 8 years).



Special scholarships are available for Redbricks Parents and Redbricks Teachers/New Joinee Teachers on the program fees.

To enrol/learn more about the program, please get in touch with our counsellors on +91- 9979500003.

## Student Achievements



**Kairah Singh, Class 5A**  
Secured 2<sup>nd</sup> Position in Karate.  
Awarded By Shito-Ryu Karate School of India



**Priyanshu Vanani, Class 5A**  
Awarded for his Creditable Performance in ASSET Exams



**Anshi Mistri, Class 5A**  
Received Gold Medals in Science Olympiad Exams



**Vani Shah, Class 5B**  
Awarded for her outstanding performance in ASSET Exams



**Mitra Dave, Class 6**  
Received Young Author Award from The School Post



**Arya Patel, Class 6**  
Awarded for her Creditable Performance in ASSET Exams

# PARENT ARTICLE

## New Way to Set Media Rules - By Eric Rasmussen, PhD

As parents, we make a lot of rules for our kids. And if we take an honest look at ourselves, some of the rules we set for our kids are there to protect our own sanity.

But despite the occasional rule that we make up to protect ourselves, most rules we set are well-intentioned and meant to protect our kids. “Don’t put your hand on a hot burner,” and, “No, you may not put a paper clip up your nose,” are good examples.

We set rules because it’s instinctual for us, as parents, to protect our kids. Rules are good. They keep our kids safe. But as a parent who is also a researcher, I have learned that when it comes to media, protecting our kids is not only hard, it’s also not enough.

For example, let’s go back to the rule about not touching a hot stove. That’s a great rule. It protects little hands from burns. But when they’re old enough, don’t we want our kids to be able to use the stove properly? I can’t tell you how life-changing it is when a child can make their own grilled cheese sandwich. So, yes, rules are good. But they aren’t sufficient to support our kids getting the most out of life.

As with many things in life, protecting our kids is good. But empowering them is great. This is especially true with media. And rules alone about media do not equip kids with tools to make the most of the good in media and to avoid the bad. Media rules, especially for older kids, must be given in a way that allows children to internalize them as their own. In that way, we not only protect our kids, but we also empower them.

An example from our own family: Our 10-year-old was recently invited to a friend’s house for a sleepover where they planned to watch a movie. When I learned what the movie was, my first instinct, naturally, was to say “no” and to tell her they needed to pick another movie.

Instead, we sat down together and looked up a review of the movie. The review identified several instances of what I’d call “adult-ish” content. We then suggested that they choose a different, more kid-friendly movie to watch. There was no arguing. There was no questioning the decision. And that’s exactly what she and her friends did—without our help. I’ve come to the conclusion that she so readily embraced this rule because she understood why. Turns out, kids ask “why” to find a reason, and when they understand the reason, the rule has a much better chance of being internalized as their own.

When it comes to media, we grapple with a host of questions and wonder what rules we should set in our homes. When should we allow smartphones? How much time should kids spend watching TV every day? Should we ban social media? What TV shows do we allow? At this point, you might expect me to share a list of media do’s and don’ts. But because your children are different than mine, media rules in our homes should also be different. Whatever rules you do set, they’ll be much more effective when accompanied by an explanation that makes sense to your child.

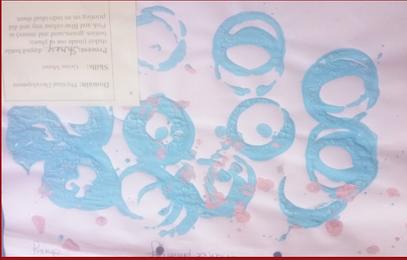
Research recommends that children younger than 18 months should not use any screen media except for video chatting, and that until age 5 children should be limited to one hour of screen time per day. How do we help our kids make the most of positive media and reduce their risk of being influenced by potentially negative media? Fortunately, research provides us with some pretty clear guidance on how best to approach the task of media parenting:

- **Talk with kids about media content:** Talking to our kids about media content is perhaps the best way to help them learn the good and avoid the bad in media content. Parent-child conversations about media not only reinforce positive lessons, they may be essential to helping our kids get the most out of educational media.
- **Use media with our kids:** Spending time using media with our children is a great way to help them learn from and enjoy positive media.
- **Provide rules with reasons:** Have you ever noticed that young kids seem to ask ‘why’ all the time? Research shows that when kids understand the reasons for the rules we set about how much time they can spend with media, or about what shows they can and cannot watch, they tend to respond better to media rules.

Constantly evolving technologies means that media parenting isn’t always going to be easy. But research shows that parents are a powerful force when it comes to changing how the media affects our kids. And because powerful parenting creates powerful kids, our media parenting efforts are worth our every effort.

Reference :<http://www.pbs.org/parents/childrenandmedia/>

# CREATIVE CORNER



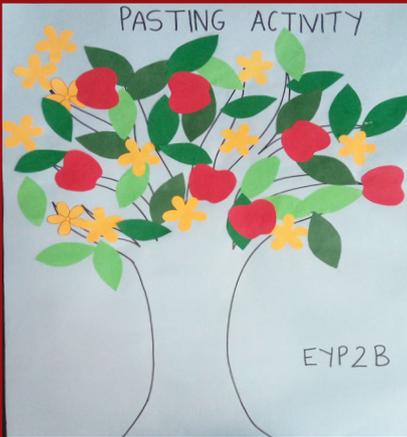
Shrey Bhartiya | EYP 1 A



Rihaani Lohaty | EYP 1 B



Viona Shah | EYP 2 A



Pasting Activity | EYP 2 B



Yarn Painting | EYP 2 C



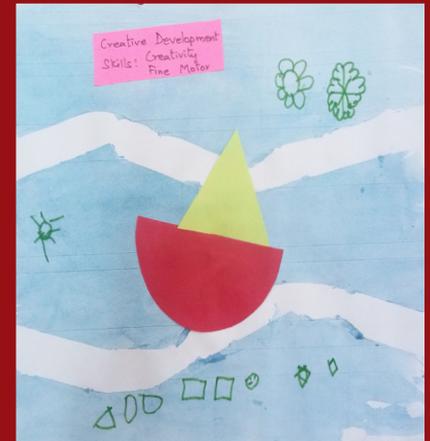
Kanasu Sanghvi | EYP 2 D



Ria Parikh | Junior Kg. A



Sri Raagnya Muttineni | Junior Kg. B



Aadhya Patel | Junior Kg. C



Avani Gupta | Senior Kg. A



Prisha Gandhi | Senior Kg. B



Keshav Agarwal | Senior Kg. C



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